

# HOME START

Knowsley

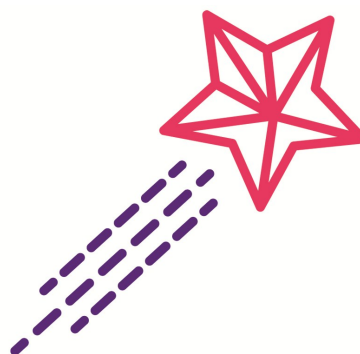
## Annual Report 2024-25



Registered Charity No:1107933

Registered Company No: 5197002

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# Trustees and Staff

**April 2024 - March 2025**

Chair -	Sheila Denson
Vice-Chair -	Anne Tattersall
Treasurer -	Pam Kimmins
Trustee -	Rebecca Carrol (appointed 03.04.25)
Trustee -	Keri Romano (appointed 25.11.24)
Trustee -	Sara Harrison (resigned 01.09.25)
Trustee -	Silvia Ferrer-Valls (resigned 03.04.25)
Trustee -	Donna Wilson
CEO -	Andrea Thompson
Administrator -	Isabella Hunter
Co-ordinators -	Jess Quirk Sarah Godenho (LD project manager from Feb 25) Amy Gent Helen Bushell-Honnor
SEN support worker -	Pippa Myers



# Chair's Report by Sheila

As Chair of Home-Start Knowsley, it's a privilege to reflect on another year of dedication, compassion, and community spirit. This year has not been without its challenges, but what has remained constant is the unwavering commitment of our team to walk alongside families when they need it most.

Behind every statistic in this report are real people, parents doing their best, children growing up in complex circumstances, and volunteers offering their time, energy and hearts to make a difference. It's this human connection that defines Home-Start Knowsley and makes our work so powerful.

I want to take this opportunity to say a heartfelt thank you to our incredible volunteers. You are the lifeblood of our organisation. Whether offering a listening ear, supporting a family through a tough time or helping behind the scenes, your kindness and generosity ripple out far beyond what you may ever see.

To our staff team, thank you for your professionalism, creativity, and resilience. You've continued to deliver high-quality support in the face of growing demand and financial uncertainty, always putting families at the centre of everything you do. Your passion and care are what make Home-Start Knowsley such a trusted and valued part of our community.

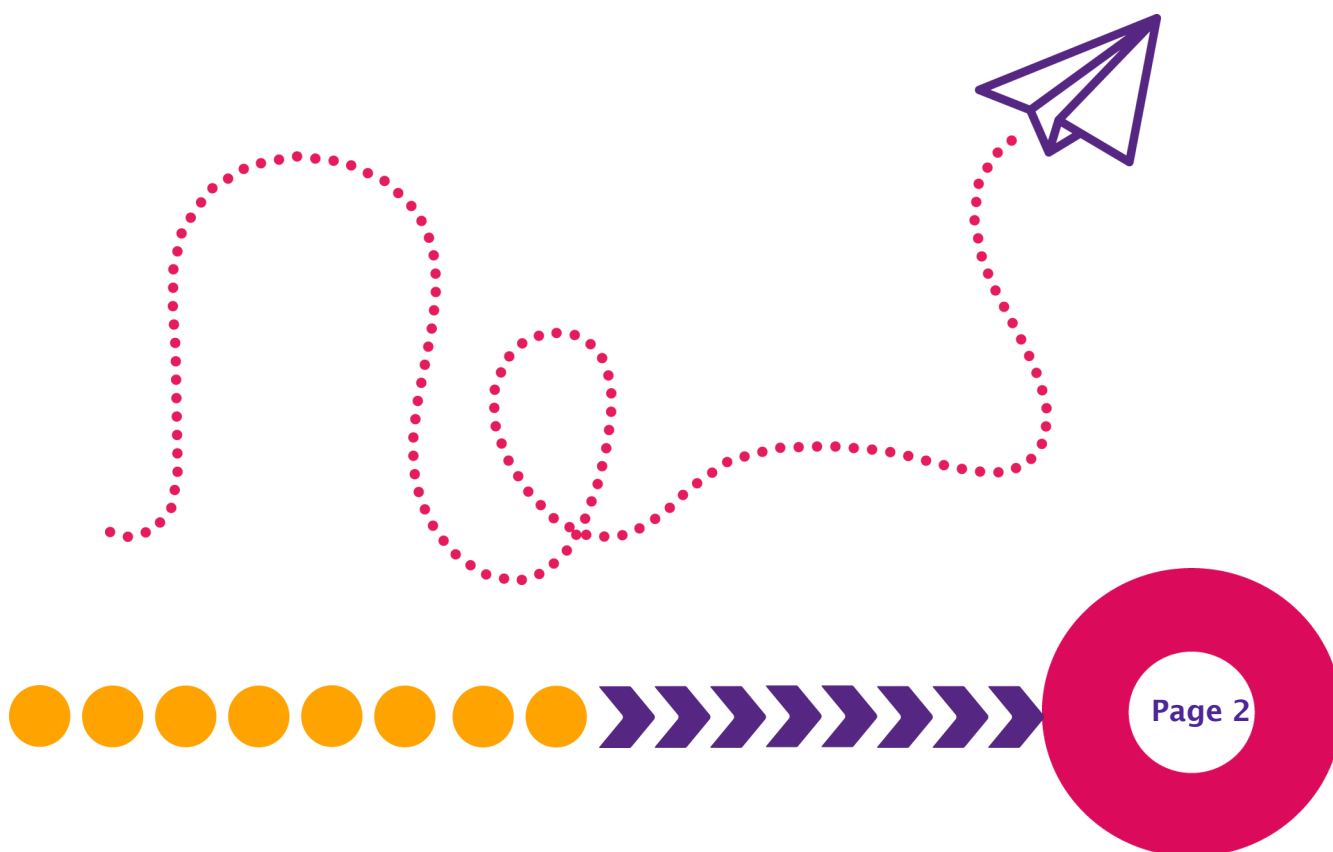
To my fellow trustees, thank you for your guidance, governance and belief in our shared vision. It's been a pleasure to work alongside you as we continue to strengthen the foundations of our charity.

As we look ahead, I feel hopeful. The strength of our team, the depth of our partnerships, and the trust we've built with families across Knowsley give us every reason to believe that we can continue to grow and adapt to meet the needs of our community.

Thank you to everyone who has been part of our journey this year. Together, we are making a real and lasting difference.

**Sheila Denson**

Chair of the Board of Trustees



# CEO Report by Andrea Thompson

This year has brought both challenges and achievements for Home-Start Knowsley. Between April 2024 and March 2025, we remained deeply committed to supporting families across our community, despite a backdrop of increasing demand and ongoing uncertainty around funding.

We continued to deliver vital services to families facing a range of challenges, including perinatal mental health, neurodiversity, and social isolation. Our Jigsaw Project remained a key part of our offer, providing peer support, sensory play, family sessions, and SEND drop-ins. During this period, we strengthened our collaboration with The Sensory Hive, the 0-25 SEND team, and Family Hubs, enabling us to offer more joined-up and responsive support to families navigating complex systems.

Our perinatal support work also developed further, with early partnership work with Singing Mamas bringing a creative and nurturing dimension to our offer. These sessions helped to build connection and confidence for mums during the often-isolating early months of parenthood.

While securing sustainable funding remained a significant challenge throughout the year, we stayed focused on delivering high-quality, compassionate support. We continued to advocate for the needs of families and worked hard behind the scenes to build the foundations for future growth.

Despite the pressures, we are proud to have supported 1,548 beneficiaries during this reporting period, each one representing a family who felt heard, valued, and supported. This achievement is a testament to the dedication of our staff, volunteers, and partners, whose commitment and care continue to drive everything we do.

To everyone who has walked alongside us this year, thank you. Your belief in our work has helped us continue to build a stronger, more connected Knowsley, one family at a time.

*Andrea Thompson*  
Chief Executive Officer



# Report by Jess Quirk—Family Support Co-ordinator

## *Celebrating 10 Years of Service*

This year marks a very special milestone for me, ten years with Home-Start Knowsley!

Over the past decade, I have had the privilege of supporting families through some of their most challenging and rewarding times. Being part of Home-Start has allowed me to walk alongside parents as they build confidence, resilience and hope for the future.

Throughout these ten years, I have witnessed first-hand the difference that early intervention and compassionate support can make. Every family's journey is unique, and it has been both humbling and inspiring to see how small acts of encouragement can create long-lasting change.

Working with Home-Start Knowsley is not just about offering help; it is about building trusting relationships and ensuring families feel heard, valued, and supported. The sense of community, teamwork, and shared commitment within Home-Start has been a constant source of motivation for me, and I feel proud to be part of such a dedicated organisation.

Reaching this ten-year milestone has given me time to reflect on the many families I've supported, the colleagues I've learned from, and the friendships formed along the way. I remain as committed today as I was on my very first day, and I look forward to continuing to contribute to the vital work that Home-Start Knowsley delivers in our community.

## The Storybarn



## Report by Sarah Godenho—SEND Co-ordinator

This year has been one of growth and new partnerships for the Jigsaw Project and some really special moments for our families.

We started the year on a strong note with Pippa joining as our SEN Support Worker. Having her on board has been a huge help, she now shares group work with me and also takes on some one-to-one family support.

Our SEN drop-ins have continued to expand. In June, we added sessions at Hilltop and New Hutte, and by September, SENDIASS began attending monthly to offer their expertise. In January, we introduced a fourth drop-in at The George Howard Centre in Whiston. All of these sessions have been well attended, showing just how valued they are by families.

June also marked the beginning of our work with The Sensory Hive. Through this partnership, we've been able to offer funded Saturday and school holiday sessions. These have been hugely successful, opening doors for families who wouldn't normally have access to such opportunities.

Over the summer holidays, we partnered with Volair to run weekly sessions at Volair Kirkby. These included a bouncy castle and crafts, and it was wonderful to be able to offer something local for our Kirkby families, who usually have to travel to access our sessions.

One of the highlights of the summer was hiring the Children's Adventure Farm Trust in Altrincham. We had the whole site to ourselves, and even though the rain was relentless, it didn't dampen spirits, everyone had a brilliant day.

To round off the year, we organised a Christmas trip to The Storybarn at Calderstones Park. The children loved getting lost in magical stories and joining in with songs. It was a joyful and festive way to come together and celebrate the season.

Aside from the Jigsaw Project, I also started up our What Now? monthly sessions for adults with, or waiting for, diagnosis of neurodevelopmental conditions. This group has been well attended from the first session and I have loved watching our little community grow, I am excited to see what the future holds.

Overall, it's been a year of building, strengthening and celebrating what we can achieve together for our families.





**Children's Adventure Park Trust**



**The Sensory Hive**



## Report by Amy Gent—Family Support Co-ordinator

I've been working at Home-Start Knowsley for over four years, and I genuinely enjoy the variety that each day brings. The role is both challenging and deeply rewarding, and I feel privileged to support the amazing families who turn to us for help. I'm passionate about breaking down barriers so that families can access services, establish healthy routines, and improve their overall wellbeing and happiness.

Since joining the team, I've worked part-time while managing a caseload of families, offering one-to-one support through weekly or fortnightly home visits. I also took over running the weekly parent and toddler group sessions, which are currently being run by a group of wonderful volunteers since handing over to them in the New Year. They've taken on the role with enthusiasm and confidence, and I continue to support them through regular supervisions.

In addition to my role at Home-Start, I am a qualified hypnotherapist. I find particular fulfilment in supporting families experiencing low mental health, sharing coping strategies and techniques they can use during times of stress or anxiety.

The year began with arranging initial visits and putting support plans in place to help families move forward and achieve their goals. This core aspect of my role is one I'm especially passionate about, as it allows me to directly contribute to improving family wellbeing.

This year, I also began delivering the *Big Hopes, Big Futures* school readiness programme with families of pre-school children. My background as a primary school teacher really helped with this, and I saw firsthand the positive impact it had on helping children and parents prepare for school. It's something I'd love to expand on in future.

During the Easter holidays, our team delivered Jigsaw Family events, where children enjoyed Easter crafts, planting activities, egg decorating, and classic egg-and-spoon races. QVC generously donated Easter eggs, which we distributed to families in need. Their volunteers also helped tidy up our garden and sensory room, support we were truly grateful for.

Over the summer, I supported more Jigsaw Family sessions and helped coordinate a much-enjoyed trip to the farm. In September, I ran a 'Time For Me' drop-in session focused on gratitude and relaxation, where we made gratitude jars. The feedback was very positive, and I really enjoy leading sessions like this.

Later in the year, I organised a festive party for the Parent and Toddler group, with singing, games like pass the parcel, and a visit from Santa, who handed out gifts to the children. December was particularly busy with preparing Christmas food hampers and organising toy donations for local families.

It's been another busy and productive year at Home-Start, and I'm proud to be part of a dedicated team making a real difference in our community.



## Parent and Toddler Christmas Party



## Seed planting



## Time 4 Me



## Report by Helen Bushell-Honnor—Perinatal Co-ordinator

As HSK Celebrated 25 years in September, it gave me the opportunity to reflect on my own HSK experience from Breastfeeding Peer Support Volunteer, Volunteer Representative to the Board at Home-Start Knowsley, Breastfeeding Support Worker to Perinatal Coordinator my role has continuously evolved and changed over the years, but my passion for supporting families across Knowsley has remained my focus.

At Home-Start Knowsley we are passionate about people and building trusting relationships not only with referrers, volunteers, professionals and other voluntary sectors but supporting, guiding and building relationships with individuals/families that often haven't experienced a positive trusting relationship.

Collaboration this past year has shone through all of our projects across HSK with Triple P for Baby courses being ran jointly with our colleagues at Knowsley Early Years Service, Singing Mamas using our space to run sessions, we've joined Baby Showers in Knowsley, accepted invites from other organisations to share information about our HSK offer with their staff, represented Knowsley at the Merseyside Breastfeeding Celebration organised by Bambis, attended Volair events, One Knowsley and Knowsley Chamber networking and training opportunities.

Our SEND parent drop ins across Knowsley have started to grow this year, plus a relationship with the Sensory Hive, and Liverpool and Knowsley Sendiass interlinks families so they can access the most appropriate support tailored for their families' individual needs.

QVC staff certainly know how to make an impact, they came to sprinkle Christmas magic on our building and by the end of the day we had an explosion of festive creativeness with a grotto for the children and beautifully decorated rooms for staff, volunteers and families to enjoy over the festive period.

Then 2 days before Christmas we were joined by the elves from Sterling Plastering who once again came in their sleighs to deliver presents and hampers, volunteering their time spreading Christmas spirit across Knowsley.

This past year has seen the Perinatal Project grow supporting more families across Knowsley and with this we saw the opportunity to collaborate on The Big Lottery Community Funding Bid with Singing Mamas and 12 Million Minds, our application is in and pending a decision to be made.....come back next year to see if "Flourishing Futures" has made it off the vision board and if I have given myself more jobs to do.



### Baby Sensory



## Report by Pippa Myers—SEND support worker

I first joined the Home-Start Knowsley family as a volunteer last year and gained a lot from the experience. I gained confidence working with families, an understanding of the support the charity offered and deepened my knowledge of supporting children with additional needs.

After volunteering at both the Jigsaw project and Parent and Toddler groups, I joined the Home-Start Knowsley team as a SEND Family Support Worker in May 2024. In this role, I support Sarah in running the Jigsaw Project through helping with the Jigsaw sensory and Jigsaw family group sessions and offering support and guidance to families at the weekly SEND parent drop in sessions across Knowsley. Another key part of my role is supporting families through home visiting which allows me to provide help and support that is specific and individualised for each families needs.

I also supported my first 2 Jigsaw days out this year: our summer trip to The Children's Adventure Farm Trust (CAFT) and our Christmas trip to The Story Barn in Calderstones Park. Both trips provided invaluable experiences for our families and gave the children lots of fantastic memories. At CAFT, the children saw a range of animals, played in the outdoor adventure playground and completed lots of forest school activities. At the Story Barn, families explored a wide collection of children's book and enjoyed stories shared by the amazing Story Barn hosts. I thoroughly enjoyed both of these days out with our families and hope to do more next year.

I feel extremely privileged to have joined Home-Start Knowsley in its 25<sup>th</sup> year. Across the year I have been inspired by each staff member's and volunteer's commitment and dedication to supporting and empowering families and providing fun and memorable experiences for the children who access. The schemes impact reaches wide across the borough and provides an open and welcoming community for parents to give and receive support. I hope that the scheme continues to grow and is able to continue to provide a supportive space for families across Knowsley.



Halloween



## Report by Julie Wright—Counsellor

**Word has got out and the referrals are pouring in!** Preparations are now underway to recruit three student counsellors to Home-Start. It will be an absolute pleasure to share the journey from student to becoming qualified. Students need to complete 100 hours of therapy to qualify, they will be supported with monthly clinical supervision and monthly peer group support sessions from myself. Ongoing peer mentoring will also be offered after and in between sessions. We are in the process of gathering their official documentation in terms of a four way contract, BACP registration, DBS checks and fitness to practice letters from their course tutors. We are hoping for all students to be practicing by June 2025.



We are wishing for their student placement experience here at Home-Start to be supportive and nurturing. We have started a rigorous assessment process to ensure that clients selected for students are not too complex with known elements of risk attached. Clients will be made aware that their therapist is a student in training with support. Students have been taken from **Stand Tall Training Academy** and further requests for placements are coming through, again I think **the word has got out!** However, I think it is important to start slowly and grow if this works for the clients, students and Home-Start.

I can recall around 22 years ago meeting with my first client and how nervous I was, lots of limiting beliefs in terms of not being good enough, definitely feelings of imposter syndrome. Even when I completed my training I did not wish to become a counsellor again due to limiting beliefs and feeling that the clients deserved better than I could offer. Despite these feelings I stuck at it, fought with the negative thinking and here I am, loving my job, with the firm belief that this is my 'calling'. This is why I want to work with students as a good placement with good support and commitment, and the right client base can make a huge difference in terms of confidence and growth.

During the summer of 2024 **I completed my BACP accreditation** which was submitted for assessment. Accreditation is a quality standard acknowledging higher standards of training, experience and ethical practice demonstrating enhanced professionalism and competence. Nine months after submission **I had an email to say that I had passed.** I was delighted to say the least! During lockdown I had made a start but was completely overwhelmed by the enormity of the requirements and again negative beliefs kicked in, my thinking being that it was too much and too difficult and that I would never pass. When I started the process last year and broke it down, it actually turned out that I thoroughly enjoyed writing about the job that I love and it came much easier than I had anticipated.

***I ask one question,  
"What are the thoughts that are holding you back?"***

Even though we can't avoid having negative core beliefs, we can take action to transform them. The first step is identifying them. Counselling helps clients to pay attention to recurring patterns in their thoughts, emotions, and behaviours which helps to reflect on their automatic reactions and self-perception and then examines how past experiences have shaped their belief systems.



Gaining an awareness of your core beliefs helps to embark on a path towards personal growth and empowerment. Change is possible, while beliefs may be deeply engrained, they are not set in stone. Engaging in the therapeutic work necessary to change them takes time, however, the thoughts can be challenged and reframed to more positive and empowering perspectives.



## QVC and Sterling Plasterers



## Christmas donations



## Our Volunteers

This year  
Home-Start Knowsley  
have provided

**78**

Volunteering Opportunities.

Volunteers attended additional  
training throughout the year:

- Safeguarding
- Perinatal
- SEND
- Healthy Happy Homes

**78** Volunteers donated **893 hours** of their time throughout the year.

Volunteers supported families through telephone support, home visiting, group support, delivering Christmas parcels, food and daily essentials, helping with family activity days and day trips, decorating Home-Start for Christmas and gardening.

We couldn't have done it without them.

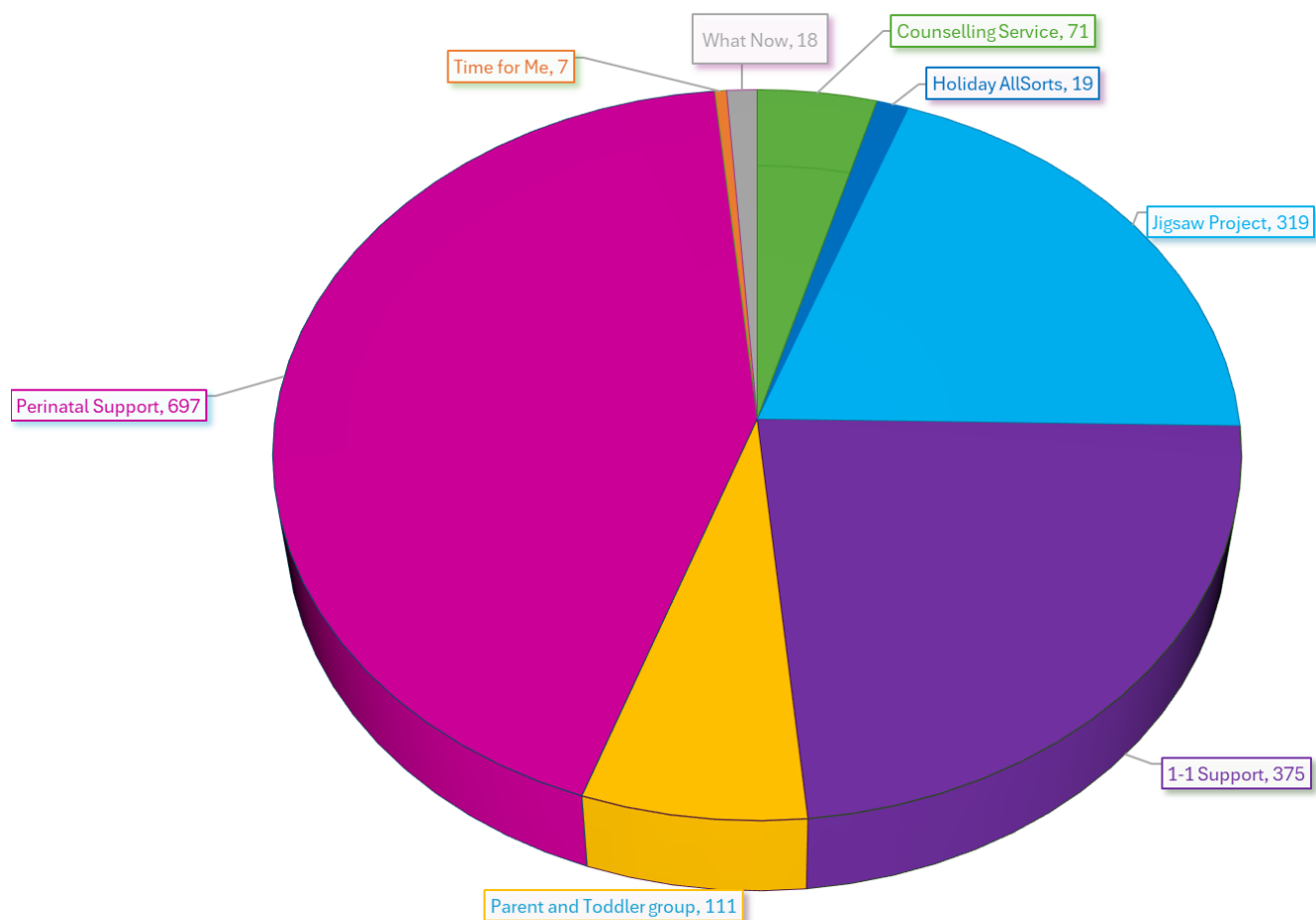
Volunteers carry out their roles willingly but it would cost us over **£10,903** to employ them.



## Support offered during the year

**1548 direct** beneficiaries accessed the following services.

### BREAKDOWN OF DIRECT BENEFICIARIES (ADULTS & CHILDREN) SUPPORTED IN Q1 - Q4



## Feedback from families and agencies

Homestart helped me so much with my SEN child. The support from staff and peers was exactly what I needed when I was struggling.

Volunteering has given me the confidence to help others and share my story to support parents/carers.

I really appreciate all of your help. We would be in such a horrendous place without your help and support!

I hope you know what a positive difference you make to the lives of everyone you work with.

You're a real credit to Home-Start.

Homestart means so much to so many families. The support, sense of community and the opportunities/groups offered cannot be found elsewhere.

For the first time it's a place where I feel accepted, my children with additional needs are accepted and we fit in. It feels like an extended family.

I think Home Start is absolutely amazing!

The support they provide is just brilliant. I felt like I had a support network in place for anything that I might have needed help with.

Helen (HSK) in particular was just so brilliant; very kind and friendly. She helped me feel so much less anxious and a lot more settled when my son was born.

It was a safe place for breast feeding and I made some great friends while attending classes. Both me and my son have so many good experiences that all stemmed from HSK and I couldn't thank them enough. I will always recommend local mums to utilise their services.

I have referred into Home Start many times to support families who live in Knowsley.

The service they offer is invaluable for our residents. Ranging from Perinatal support, 1-1 support for vulnerable families, SEND support for children and adults, SEND drop-in sessions for parents and family based activities.

They are a valuable support for our families who are struggling financially and often manage to source funding for essential items.

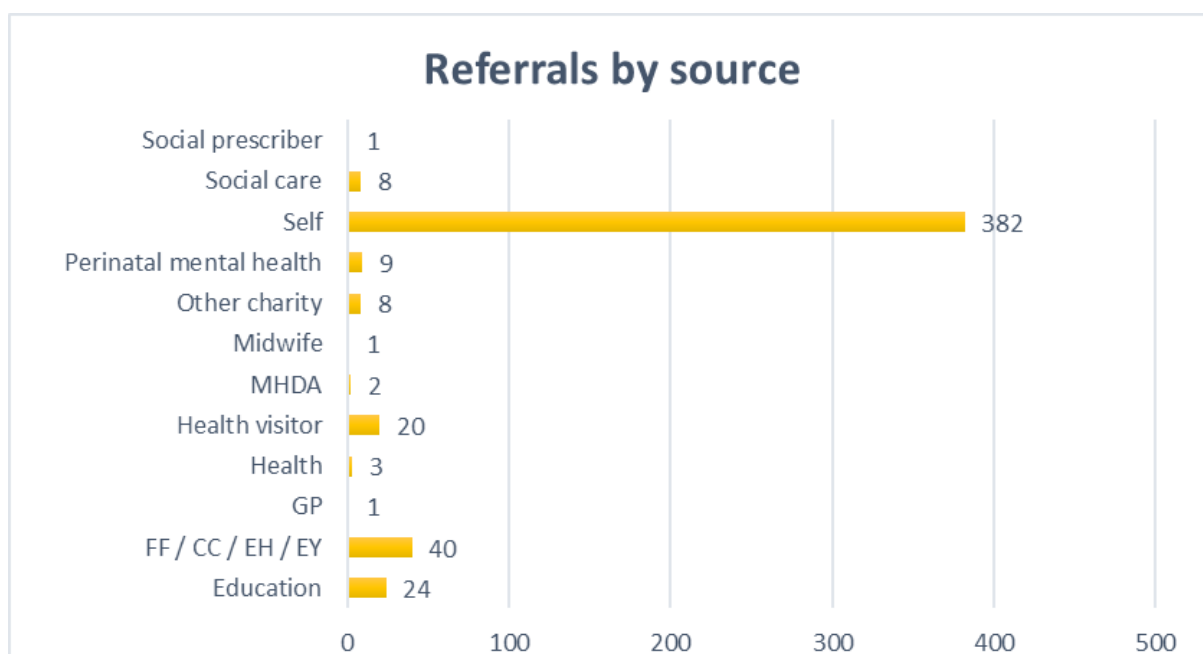


## Partnership Working Across Knowsley

Referrals are received from across the borough for families who need a little extra support and although self-referral remains our highest category, we receive referrals from professionals and similar minded agencies too.

Strong partnerships are in place with Early Help, schools and health visitors . Joint visits can take place with Home-Start's Family Coordinators to ensure families get the right support at the right time.

Our coordinators and volunteers accompany families to appointments and support them to access their local community e.g. health and dental appointments, The Sensory Hive, Centre 63, Citizens Advice, Job Centre Plus, Housing, Specialist Perinatal Mental Health, Advanced Solutions and Family Hubs.



## Strategic Partnerships

Home-Start Knowsley is represented on several boards and committees to offer strategic support and advice and influence positive change at local and Regional level:

- Cheshire and Merseyside Parent-Infant Network
- Knowsley Sexual Health Forum
- Healthy Weight Steering Group
- Cheshire and Merseyside Health and Care Leaders Group



**1548**

Direct Beneficiaries

% of families reported  
a positive impact

**86%**

**Reported improved  
emotional wellbeing**

**88%**

**Increased resilience  
to deal with future  
challenges**

**96%**

**Felt less isolated**

**98%**

**Increased access to  
other services**

**96%**

**Managing children's  
behaviour better**



## Case Study

Level of Need: 2	Length of HSK support: 6 months
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### Background and Issues:

The family have been receiving home visiting support for the past six months. Mum is a lone parent with four children. Three of her children have complex needs. Mum has been feeling very low and feels like she has been struggling to meet the needs of all of her children. She also struggles financially.

### Intervention and Support:

Mum has been accompanied to groups with her five month old including Bump and Baby and Jigsaw groups at Home Start. This allowed her to get out and about without feeling too anxious and overwhelmed. I have also encouraged Mum to sign up for Parent & baby yoga classes and introducing solids courses. These have helped her to have some nice time to bond with the baby and given her helpful information for the weaning process. Mum has been referred to our on-site counsellor, Julie for help with her mental health which she feels has been very beneficial.

Mum has also been encouraged to speak to her GP about how she has been feeling. Mum had weekly support visits to offer emotional support and help reduce isolation. Mum was supported with filling out forms which she sometimes finds overwhelming. We have discussed different strategies for helping to manage the children's behaviour, such as using a behaviour sticker chart and a prize or treat at the end of the week. Mum has also been introduced to online parenting courses through ADDvanced Solutions and some sleep workshops to begin to put strategies in place.

Mum was supported with hardship funding which was used to buy premature baby clothes and food shopping when her baby was born prematurely.

### Outcomes:

<b>Connect</b>	Mum has been able to connect and socialise with other parents during group sessions. Mum has attended sessions with Julie which has increased her wellbeing and confidence.
<b>Be Active</b>	Mum is getting out of the house more now her confidence is building and is also getting out for more walks now with the pram when she can.
<b>Take Notice</b>	Mum is now a lot more aware of her mental health and the importance of looking after herself as well as her children.
<b>Keep Learning</b>	Mum has been supported to access parenting and sleep courses which she has found very useful. Mum has also been given the information she needs from introducing solids, so she is prepared to start the weaning process.
<b>Give to Others</b>	Mum has enjoyed attending groups at Home-Start and contributes to conversations with other parents offering tips sharing experiences at jigsaw groups where she can.



## Case Study

Level of Need: 4	Length of HSK support: 9 months
<b>Background and Issues:</b> Mum and family were referred to Home-Start Knowsley by children's social care. Mum had recently regained care of her second child due to his residential placements not being able to meet his needs. Mum's third and fourth children were still on a looked after child arrangement with a family member. Mum had a long-standing alcohol dependency and experienced a serious incident while under the influence. Her addiction led to the loss of her home, and she was on the verge of living in her car when her three children were removed from her care.	
<b>Intervention and Support</b> I have worked intensely with Mum and her social worker to result in the best possible support for the family. Mum was engaging with CGL but not always consistently, so I started to attend appointments with her and encouraged her to chat to peers while in the service setting. Mum was struggling to get her son to engage in any home learning or to leave the property. Mum was visibly scared of her son's volatile behaviours. I helped her to understand she could regain control of the situation and didn't have to buy items he was demanding unless he agreed to conform to her basic requests of him. We then built on this to make the relationship much healthier. I supported Mum to apply for PIP due to her injuries. I assisted mum to start attending physio sessions that had been offered. Mum was having the two younger children to stay overnight on Wednesdays and Fridays. Mum was going above and beyond with giving the children trips out, fast food and gifts which was leaving her household budget short for utilities. I helped Mum see that she was overcompensating with money because of the situation they were in. I reassured Mum that her time and attention would be what the children would value most. I took some board games round that had been donated and they started a regular family games night that the kids love! Once there was more money back in the budget, we set up repayment plans for Mum's debt, so everything was nice and steady money wise for the children's return. I supported Mum to get her wishes and feelings across at family group conferences and a good package of support was offered by the extended family. Once the children moved back in with Mum full time, we looked at implementing some boundaries and to negotiate juggling her eldest child's complex needs with the younger children's need for routine's etc.	
<b>Outcomes:</b> Mum is completely alcohol free!! Mum has all 3 of her younger children back in her care and they are a happy loving family! Mum is feeling less isolated. Mum is now not needing the intervention from CGL but is giving back by volunteering. Mum has gained a few close friends through CGL they are all committed to staying alcohol free and help keep each other on track. The household income has increased, and mum is managing her budget better with all bills being paid every month, meaning Mum has ample money for petrol to take the children to and from school every day. Mum's relationship with her eldest son is much healthier and this has helped her to help him build his tolerance for his younger siblings being back in the family home full time. The children have maintained a close relationship with their extended family and mum.	



Level of Need: 2	Length of HSK support: 7 months
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### **Background and Issues:**

The family self-referred for support after their 3-year-old daughter was diagnosed with global development delay with indicators on Autism. They also had a 1-year-old son and they were struggling with the such different needs of both children. Between the time of the referral and the IV the 3-year-old was diagnosed with another condition.

### **Intervention and Support**

The family have attended many play sessions with the children at Home-Start which they have all thoroughly enjoyed.

A support worker was assigned to the family and after an initial visit arranged a meeting with the nursery and put a support plan in place. Nursery didn't think there was enough evidence for an EHCP so the support worker helped the family apply themselves. The support worker put the family in touch with a support group for families of children with the same condition. The family didn't have a laptop or computer at home so we supplied them with a chrome book so the family could fill in all the relevant forms.

### **Outcomes:**

Mum and Dad's confidence have increased hugely. They feel better equipped to deal with their daughter's condition. Through the peer support group they have met other families and gone on day's out.

Their daughter was granted an EHCP with a full time one to one. A SEN support worker has been assigned and will start looking at SEN primary schools for next year.

The whole family have enjoyed the sessions at Home-Start. They attend every Saturday session. The children enjoy themselves and the parents have made lots of new friends who have similar difficulties and understanding.



Registered Charity No: 117933

# Transform Lives with Corporate Sponsorship



Knowsley

## Is your company ready to transform the lives of struggling families in Knowsley?

Corporate sponsorship is a powerful way for your company to give back to the community and elevate its corporate social responsibility profile. By partnering with us, you can make a meaningful impact and showcase your commitment to positive change.



### Ways to Support Us:

**Fundraising Events:** Host/participate in events to raise vital funds.

**Volunteering:** Engage your team in meaningful volunteer opportunities.

**Gifts in Kind:** Donate goods or services that can help our families.

**Payroll Giving:** Employees donate directly from their salary, benefiting from tax relief.

**Sponsor:** Sponsor one of our rooms or a small service and help keep our doors open.

**Advocacy:** Become an advocate for our charity.

**Support Your Employees:** Provide them with information about our cause.

**Charity of the Year:** Let us be your charity of the year.

**Specialist Support:** Provide specialist services to enhance Home-Start Knowsley, e.g. marketing, web design, and strategic management.

**Every contribution, big or small, makes a significant impact.**  
Please note we do not provide money directly to families.

### We can also provide services for your staff:

**Mindfulness Sessions:** Enhance your team's well-being with our staff mindfulness sessions.

**Private Counselling sessions** - Delivered by BACP Registered Psychotherapist

**Contact us for further information**

Home-Start Knowsley, 55 Rupert Road, Huyton, L36 9TB  
Registered No. 05197002 A company limited by guarantee

☎ 0151 480 3910

✉ [info@homestartknowsley.org.uk](mailto:info@homestartknowsley.org.uk)

🌐 [www.homestartknowsley.org.uk](http://www.homestartknowsley.org.uk)



All the team at Home-Start Knowsley  
would like to say a big

# 'Thank You'

to all of our funders, whose support has helped us to meet the needs  
of families and volunteers in Knowsley

## Our Acknowledgements to:



**Cash4Kids, QVC, Sterling Plastering Ltd, The White Stuff,**  
**Sofology, Cadent.**

**For parents  
when they  
need us most**

**Home-Start Knowsley**  
55 Rupert Road, Huyton, Merseyside, L36 9TB  
Tel: 0151 480 3910 Email: [info@homestartknowsley.org.uk](mailto:info@homestartknowsley.org.uk)  
[www.homestartknowsley.org.uk](http://www.homestartknowsley.org.uk)