

Home-Start Knowsley's Timetable - 1st October to 31st December 2024

Project	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Jigsaw Project (SEND)		Jigsaw Sensory 10:00-12:00 (Term Time) finishes 10 th Dec	SEN parent drop-in Hilltop Children's Centre 09:30-12:00 16 th Oct, 20 th Nov, 18 th Dec SEN parent drop-in New Hutte Children & Family Hub 09:30-12:00 23 rd Oct, 27 th Nov	SEN parent drop-in at The Pride Children's Centre 09:30-12:00 10 th Oct, 14 th Nov, 12 th Dec Jigsaw Families 10:00-12:00 Limited places -please book 31 st Oct	Jigsaw Sensory The Star Children's Centre 10:00-12:00 (Term Time) starts 8 th Nov, finishes 13 th Dec	Jigsaw Families 10:00-12:00 Limited places - please book 5 th Oct, 19 th Oct, 9 th Nov, 23 rd Nov, 14 th Dec
Pregnancy to 2 years	Baby Sensory 10:00-11:00 16 th Dec 13:30-14:30 21 st Oct, 18 th Nov Limited places - Please book Triple P Parenting 10:00-12:00 Starts 30 th Sep for 4 weeks Mindful Mummies drop in 13:30-14:30 25 th Nov, 16 th Dec	Bump & Baby Drop in 13:00-14:30 (Term Time) finishes 17 th Dec	Bump & Baby Drop in at New Hutte Children & Family Hub 09:30-11:30 finishes 18 th Dec Bump & Baby Drop in Tesco Prescot Community Room 13:00-14:30 finishes 18 th Dec Mindful Mummies drop in 13:30-14:30 9 th Oct	Bump & Baby Drop in at Knowsley Family Hub at The Pride Children's Centre 13:00-14:30 finishes 12 th Dec	Singing Mamas 10:30-12:00 Limited places -please book 27 th Sept, 4 th Oct, 11 th Oct, 18 th Oct, 25 th Oct, 8 th Nov, 15 th Nov, 29 th Nov, 6 th Dec, 13 th Dec	
Other	What Now? 13:00-14:30 14 th Oct, 11 th Nov, 9 th Dec	Counselling Service	Counselling Service	Parent & Toddler Group 09:30-11:30 (Term Time) Finishes 19 th Dec AGM (RSVP by 14th Oct) 09:30-12:00 14 th Nov The Old Schoolhouse	Volunteer Training 09:30-12:00 Started 20 th Sep for 5 weeks Volunteer Safeguarding Refresher Training 09:15-10:15 11 th Oct	

*Unless stated groups/courses will be held at 55 Rupert Road, Huyton, L36 9TB

Tel 0151 480 3910 or

Email info@homestartknowsley.org.uk

Home-Start Knowsley's Timetable - 1st October to 31st December 2024

Bump & Baby Drop Ins – A perinatal group for parents from antenatal to when child is 2 years old. Peer support, information, infant feeding support and baby scales available at all venues. Full address of venues below:

- **New Hutte Children & Family Hub** Halewood, L26 1TT,
- **Home-Start Knowsley** 55 Rupert Road, Huyton, L36 9TB,
- **Tesco Prescot Community Room**, Prescot, L34 5NQ,
- **Knowsley Family Hub at The Pride Children's Centre**, 2 Simonswood Lane, Kirkby, L33 5YP

Baby Sensory – Monthly Sensory focused sessions for parents/carers and their babies **0-12 months** old.

Mindful Mummies – Monthly mindfulness sessions for mums and their babies in a relaxed and friendly environment.

Singing Mamas - 10 week course (places must be booked) - Over 10 weeks you will learn simple lullabies, songs from around the world and songs to give you strength and courage alongside other mums group for parents with babies under 1. Weekly creative sessions to help support and improve the mental health and well-being of mums and mums-to-be; proudly supported by One Knowsley and funded by The Arts Council, Renova and Improving Me. **Contact Rachel for more information 07747446048 Rachel@singingmamas.org**

Jigsaw Sensory – Weekly Sensory focused Drop in for Parent/Carer & children up to age 5 with complex needs.

The Star Children's Centre, St Andrew's View, Tower Hill, Kirkby L33 1ZF

Jigsaw SEN parent drop-in - Drop in for parents/carers with children with complex needs, with guest speakers.

Hilltop Children's Centre, Bedford Close, Huyton L36 1XH

New Hutte Children and Family Hub, Halewood L26 1TT

The Pride Children's Centre, 2 Simonswood Lane, Kirkby, L33 5YP

The George Howard Centre, Lickers Lane, Whiston, L35 3SR (coming soon)

Jigsaw Families – Activities for children with SEN and their parents/carers and siblings during school holidays.

Jigsaw Saturdays – Monthly family activity sessions for children with SEN and their parents/carers and siblings.

Parent & Toddler Group – Play session for children **0-4** and their Parents/carers – Term Time

What Now? – Peer support group for adults who have recently been diagnosed or on the pathway for neurodivergent conditions.

AGM – Old Schoolhouse, St. Johns Road, Huyton, L36 0UX **(Please RSVP by 14th Oct)**