

Home-Start Knowsley's Timetable - 1st July 2024 – 30th September 2024



Project	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Jigsaw Project (SEND)		Sensory Tots 10:00–12:00 (Term Time) Finishes 23 rd Jul Restarts 3 rd Sep Jigsaw Families 10:00-12:00 6 th , 13 th , 20 th , 27 th Aug Limited places -please book	SEN parent drop-in Hilltop Children's Centre 09:30-12:00 17 th Jul, 21 st Aug, 18 th Sep SEN parent drop-in New Hutte Children & Family Hub 09:30-12:00 24 th Jul, 28 th Aug, 25 th Sep	SEN parent drop-in at The Pride Children's Centre 09:30–12:00 11 th Jul, 8 th Aug, 12 th Sep	Jigsaw Families at Volair Kirkby 10:00-12:00 9 th , 16 th , 23 rd and 30 th Aug	Jigsaw Families at Sensory Hive 09:40-11:10 6 th and 20 th Jul Jigsaw Families 10:00–12:00 7 th , 21 st Sep Limited places – please book
Pregnancy to 2 years	Baby Sensory 10:00–11:00 15 th Jul, 19 th Aug, 16 th Sep Limited places - Please book	Bump & Baby Drop in 13:00–14:30 Closed 27 th Aug	Bump & Baby Drop in Tesco Prescot Community Room 09:30–11:00 Closed 21 st & 28 th Aug Parent & Baby Yoga 12:30-13:30 4 weeks starting on 18 th Sep Limited places - Please book Mindful Mummies drop in 13:30-14:30 17 th Jul, 14 th Aug, 18 th Sep	Bump & Baby Drop in at New Hutte Children & Family Hub 10.00–11.30am (Term Time) Bump & Baby Drop in at Knowsley Family Hub at The Pride Children's Centre 13:00–14:30 (Term Time)		
Other	Time4Me 09:30-11:30 23 rd Sep Limited places - Please book What Now? 13:00–14:30 8 th Jul, 12 th Aug, 9 th Sep	Counselling Service	Counselling Service	Parent & Toddler Group 09:30-11:30 (Term Time) Finishes 11 th Jul restarts 5 th Sep	Volunteer Training 09:30–12:00 20 th Sep for 5 weeks Volunteer Safeguarding Refresher Training 09:30-10:30 11 th Oct	

*Unless stated groups/courses will be held at 55 Rupert Road, Huyton, L36 9TB

Tel 0151 480 3910 or

Email info@homestartknowsley.org.uk



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Bump & Baby Drop Ins – A perinatal group for parents from antenatal to when child is 2 years old. Peer support, information, infant feeding support and baby scales available at all venues. Full address of venues below:

- **New Hutte Children & Family Hub** Halewood, L26 1TT,
- **Home-Start Knowsley** 55 Rupert Road, Huyton, L36 9TB,
- **Tesco Prescot Community Room**, Prescot, L34 5NQ,
- **Knowsley Family Hub at The Pride Children's Centre**, 2 Simonswood Lane, Kirkby, L33 5YP

Baby Sensory – Monthly Sensory focused sessions for parents/carers and their babies **0-12 months** old.

Baby Yoga – 4 week course (places must be booked) - Learn how baby yoga can benefit your baby's physical, emotional and cognitive development and how it can help you bond with your little one over 4 weeks with gentle yoga for parent and baby. These sessions are suitable for babies PRE-CRAWLING.

Mindful Mummies – Monthly mindfulness sessions for mums and their babies in a relaxed and friendly environment.

Jigsaw Sensory Tots – Weekly Sensory focused Drop in for Parent/Carer & children up to age 5 with complex needs.

Jigsaw SEN parent drop-in - Drop in for parents/carers with children with complex needs, with guest speakers.

Hilltop Children's Centre, Bedford Close, Huyton L36 1XH

New Hutte Children and Family Hub, Halewood L26 1TT

Volair, Cherryfield Drive, Kirkby L32 8SA

Jigsaw Families – Activities for children with SEN and their parents/carers and siblings during school holidays.

Jigsaw Saturdays – Monthly family activity sessions for children with SEN and their parents/carers and siblings.

Sensory Hive, Weyman Avenue, Whiston L35 2YW

Parent & Toddler Group – Play session for children **0-4** and their Parents/carers – Term Time

Time4Me Sessions – Monthly mindfulness sessions for adults - Cooking, wellbeing, crafts etc

What Now? – Peer support group for adults who have recently been diagnosed or on the pathway for neurodivergent conditions.

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