

Home-Start Knowsley's Events Timetable

1st October 2023 – 31st December 2023



Monday AM	Tuesday AM	Wednesday AM	Thursday AM	Friday
<p>Skills 4 Life 6-week course for aged 16-25 10:00-12:00 11th Sept – 16th Oct Limited places -please book</p> <p>Introducing Solid Foods 10:00-11:00 6th Nov</p>	<p>Jigsaw Coffee Mornings 10:00-12:00 (Term Time – last one 19th Dec)</p> <p>Jigsaw Sensory Tots 10:00-12:00 (Term Time – last one 19th Dec)</p> <p>Jigsaw Families 10:00-12:00 31st Oct - Half Term Limited places -please book</p>	<p>Bump & Baby Drop in at Tesco Prescott Community Room, (Term Time - last one 20th Dec) No group 15th Nov 09:30-11:00</p> <p>AGM 15th Nov 10:00 - 1300</p> <p>Volunteer Training 09:30-12:30 – 5 sessions starting on 8/11/23</p> <p>Counselling Service Telephone for more details</p>	<p>Parent & Toddler Group 09:30-11:30 (Term Time)</p> <p>Children's Christmas Party 09:30 – 11:30 14th December Fully booked</p> <p>Bump & Baby Drop in at New Hutte Children & Family Hub 10.00-11.30am (Term Time -last one 14th Dec)</p>	<p>Volunteer Training 09:30-12:30 15th Sept for 6 weeks</p> <p>Books and Babies 0-12 months 12:30-13:30 10th, 17th, 24th Nov, 1st Dec Limited places -please book</p>
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Saturday
	<p>Counselling Service Telephone for more details</p> <p>Bump & Baby Drop in at Home-Start Knowsley 13:00-14:30 (Term Time-last one 19th Dec)</p>	<p>Mindful Mummies drop in 14:15-15:15 - 18th Oct 12:30-13:30 -29th Nov,13thDec</p> <p>Introducing Solid Foods 15:00-16:00 11th Oct, 6th Dec</p> <p>Sensory Play 13:00-14:00 25th Oct, 8th Nov, 6th Dec Limited places - Please book</p>	<p>Bump & Baby Drop in at Knowsley Family Hub at The Pride Children's Centre 13:00-14:30 (Term Time – last one 14th Dec)</p>	<p>Jigsaw Saturdays 10:00-12:00 21st Oct 23 25^h Nov 23 16th Dec 23 Limited places – Please book</p>

*Unless stated groups/courses will be held at 55 Rupert Road, Huyton, L36 9TB Tel 0151 480 3910 or Email info@homestartknowsley.org.uk



Bump & Baby Drop Ins – A perinatal group for parents from antenatal to when child is 2 years old. Peer support, information, infant feeding support and baby scales available at all venues. Full address of venues below:

- **New Hutte Children & Family Hub** Halewood, L26 1TT,
- **Home-Start Knowsley** 55 Rupert Road, Huyton, L36 9TB,
- **Tesco Prescott Community Room**, Prescott, L34 5NQ,
- **Knowsley Family Hub at The Pride Children's Centre**, 2 Simmonswood Lane, Kirkby, L33 5YP

Skills 4 Life – 6-week course for young people aged 16-25 living in Knowsley – Cooking, Budgeting and Health & Wellbeing sessions. Creche and transport available upon request.

Sensory Play – Monthly Sensory focused sessions for parents/carers and their babies **0-12 months** old.

Introducing Solid Foods – Monthly Drop in for parents with babies **4 months old** onwards.

Parent & Toddler Group – Play session for children **0-4** and their Parents/carers – Term Time

Mindful Mummies – Monthly mindfulness sessions for mums and their babies in a relaxed and friendly environment.

Jigsaw Sensory Tots – Weekly Sensory focused Drop in for Parent/Carer & children up to age 5 with complex needs.

Jigsaw Coffee Mornings - Weekly Drop in for parents/carers with children with complex needs, with guest speakers.

Jigsaw Families – Activities for children with SEN and their parents/carers and siblings during school holidays.

Jigsaw Saturdays – Monthly family activity sessions for children with SEN and their parents/carers and siblings.

Books and Babies – 4 sessions for parents/carers with babies **0-12 months** old

Home-Start Knowsley, a company limited by guarantee. Registration no. 5197002 Registered charity no. 1107933

