

Great 2 b Me

**Home
Start**
Support and friendship
for families
Knowsley



Are you a mum aged 16 - 25 years?

Come and meet other mums in a relaxed friendly environment at Home-Start Knowsley's Great 2 b Me 6 week course (free of charge)

The course will be starting soon and will take place at
55 Rupert Road, Huyton, L36 9TB.

Great 2 b Me covers:

- ★ Cooking Session
- ★ Stressbusting
- ★ Time for me (Group led sessions)
- ★ Family day out (Location to be confirmed)

Limited creche and transport available.

For further details and to book your place contact us on

0151 480 3910 or

info@homestartknowsley.org.uk

Supported by



BritishRedCross

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